## September 2022

## Cross Country 2022

- 16 children


## U 11 football competition - October 2022

Total - 9 children WE WON! FINALS IN NOVEMBER, same children
U11 girls' football - October 2022
Total-9

Ull develop mixed - October 2022
$9^{\text {th }}$ place
Total - 9

Cheerleading - October 2022
Total - 12 WINNERS!!!!

Multisports develop event - November 17th (9 children)

Football finals Nov 24th
(8- children)
came $4^{\text {th }}$ from approx. 200 schools!
Sportshall athletics - Jan ' 23 year 5/6
Year 5-13 children
Year 6-7 children
20 children $-12^{\text {th }}$ out of 14

Sportshall athletics - Jan ' 23 year $3 / 4$
Year 4-13
Year 3-7
20 children -
Hockey - March ' 23 years 4,5,6
DEVELOP
2 X Yr4, 5X Yr 5 IX Yr 6
COMPETE
2Xyr5, 6X Yr 6 Total - 16
POSTPONED due to poor weather - due to be rescheduled in the summer.

NETBALL
Not enough take up - cancelled
Dance - virtual festival March '23
Year 4-28 children,
Year 1-30 children
Total 186 pupils Autumn 2022 and Spring 2023

Last year Summer term
SEND Panathlon - May 2022 KS2
5 Pupils
Netball - yr 4,5,6 - May 2022
( 15 children)
Cricket mixed yrs 4,5,6 - June 2022
8 pupils
Won the competition so competed again on 20th June at County Finals in Ipswich. Came 2nd
8 pupils

Cricket girls yrs 4,5,6 - June 2022
9 pupils

Quadkids years 5/6 - June 2022
(9Xyear 6)
(7Xyear 5)
16 children -4 teams of 4 children

Newmarket School Games - June 2022
Whole class 25 pupils

Thorpe Woodlands - Year 4 June 2022
Whole class 25 pupils

Sports Day - whole school July 2022
131 pupils

Playground - yr 6 adventure day July 2022
20 pupils

Total - Autumn 2022, Spring 2023 and Summer 2022 - 448 children participating in competition

## Coaching

$2 \times 6$ week coaching for Year 5 (hockey and Playmakers) $12 \times 27$
children $=324$ coached hours
Year 6-2 terms one hour per week $-24 \times 1=24$ hours $\times 27$ children
$=648$ coached hours Year 5
Total coached hours - 324 +648 = 972

Clubs 2022-2023
Autumn 2022

Cheerleading Years 3 and 46 weeks $\times 12$ children $=72$ hours Gymnastics Years 1 and $2-6$ weeks $\times 15$ children $=90$ hours Football Year 3 and $4-6$ weeks $\times 15$ children $=90$ hours
Dance Years 1 and $2-6$ weeks $\times 15$ children $=90$ hours Football Years 5 and $6-6$ weeks $\times 15$ weeks $=90$ hours
Archery - Years 3 and 46 weeks- $\times 12$ children $=72$ hours
Football KS2 Girls only 6 weeks $\times 20$ girls $=120 \times 0.5=60$ hours Spring 2023
Cheerleading Years 3 and $42 \times 12=24$ hours
Speed Stacks Year 3,4,5,6-4×20=80 hours
Gymnastics Years 1 and $2-6 \times 15=90$ hours
Athletics Year 3 and $4-6 \times 15=90$ hours
Dance Years 1 and $26 \times 10=60$ hours
Athletics Years 5 and $6-6 \times 12=72$ hours
Archery - Years 5 and $6-6 \times 12=72$ hours
Football KS2 Girls only $-6 \times 20=120 \times 0.5=60$ hours
Spring 12023
ARCHERY Years $3 / 45 \times 12=60$ hours
HOCKEY Years $3-65 \times 20=100$ hours
CRICKET Year 3 and $45 \times 14=70$ hours
TAG RUGBY Years 3-6 $5 \times 20=100$ hours
CRICKET Years 5 and $65 \times 14=70$ hours
MINDFULNESS - Yrs 1 and $2-5 \times 15=75$ hours
Football KS2 Girls only $5 \times 20=100 \times 0.5=50$ hours
Spring 22023
FENCING Years 3/4 Premier Sport $6 \times 15=90$ hours
CRICKET Year 3 and $46 \times 14=84$ hours
NETBALL Years $5 / 6-5 \times 7=35$ hours
MULTISPORTS Years 1 and $26 \times 15=90$ hours
CRICKET Years 5 and $6-6 \times 14=84$ hours
Football KS2 Girls only $6 \times 20=120 \times 0.5=60$ hours
TOTAL - 2240 hours

